

Whatever your teen is facing, we can help.

Schedule a therapist visit by phone or video.



TELADOC

How would you like to connect?

PHONE >

VIDEO >

Mental Health Care for teens ages 13 to 17 is part of your Teladoc benefits.

If you're worried about your child or think they may need to talk to someone, our therapists are available by phone or video 7 days a week (7 a.m. to 9 p.m. local time). We can help with cyberbullying, depression, school stress, family challenges, eating disorders and more.

Why use Mental Health Care for teens?

- ✓ Confidential treatment with your supervision
- ✓ Can speak with a therapist from home
- ✓ Flexible scheduling
- ✓ Quick access to the right provider you feel is best

Teladoc doesn't offer a crisis hotline. Appointments must be scheduled.

Mental Health Care for teens is available for eligible dependents age 13-17.

Supervised therapy for the teen in your life

Call 1-855-TELADOC (835-2362) | Visit Teladoc.com/Aetna

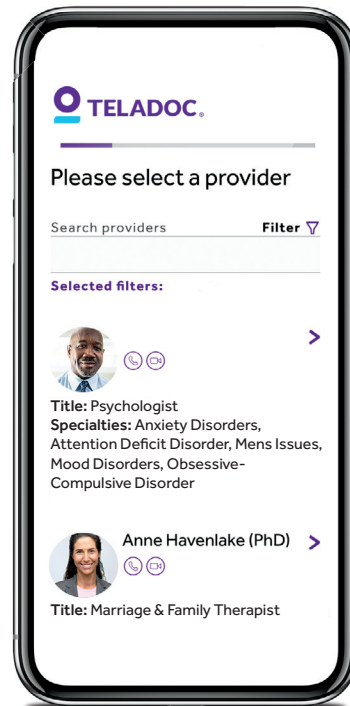
Download the app



Mental Health for teens

How to schedule a visit

- 1 Set up a Teladoc account by web or app or log in to your account if you're already registered, then add your teen as a dependent.
- 2 Download and print the consent form and the intake form. The completed forms must be uploaded before a mental health visit can be scheduled for the teen.
- 3 Select the therapist of your choosing for your teen.
- 4 Request a time for the appointment and receive confirmation.



Important reminders for parents/guardians:

- ✓ One parent/guardian must be present at the beginning and end of each visit.
- ✓ Both parents must print, sign and upload the consent form by web or app..
- ✓ One parent will need to complete an intake form/questionnaire for the teen. (It takes about 10 minutes to complete).

We're here to help. Schedule today.

Call 1-855-TELADOC (835-2362) | Visit Teladoc.com/Aetna

Download the app

