# What are Third-Party Devices and how to they connect with Virgin Pulse?

Besides Max Activity Tracker and Max Buzz, Virgin Pulse supports a number of **third- party** tracking **Devices and Apps**. Below you will find **the list of all third-party devices Virgin Pulse supports** and the information on what activities they track and what data is transferred over to Virgin Pulse.

## **Fithit**

#### What is Fitbit and what activities does it track?

Fitbit is a third-party tracking device designed to track steps, active minutes, distance, calories and sleep.

## What Fitbit devices are supported by Virgin Pulse?

At the moment, **all Fitbit tracking devices** are supported on the Virgin Pulse platform. The following Fitbit data will be synced with Virgin Pulse:

- Steps
- · Active Minutes
- Distance
- Sleep
- Weight

## Garmin

### What is Garmin and what activities does it track?

**Garmin** is a third-party tracking device designed to track steps, workout minutes, distance, calories and sleep. Virgin Pulse will take the following data from Garmin:

- Steps
- Calories
- Workout minutes
- Distance

#### What Garmin devices are supported by Virgin Pulse?

Virgin Pulse supports the following Garmin devices:

- Garmin Edge 20
- Garmin Edge 200
- Garmin Edge 305
- Garmin Edge 520
- Garmin Edge 705
- Garmin Edge 703
  Garmin Edge 820
- Garmin Approach S20
- Garmin Epix
- Garmin Fenix/3 HR
- Garmin Forerunner 15
- Garmin Forerunner 101

- Garmin Forerunner 225
- Garmin Forerunner 620
- Garmin Forerunner 735XT
- Garmin Tactix Bravo
- Garmin VivoActive HR
- Garmin Vivofit 2
- Garmin Vivosmart
- Garmin Edge 25
- Garmin Edge 205
- Garmin Edge 510/500

- Garmin Edge 810/800
- Garmin Edge Touring/Touring +
- Garmin Approach X40
- Garmin Fenix/3
- Garmin Forerunner 10
- Garmin Forerunner 25
- Garmin Forerunner 25
- Garmin Forerunner 110Garmin Forerunner 230
- Garmin Forerunner 630
- Garmin Quatix 3

- Garmin Vivofit
- Garmin Vivofit 3
- Garmin Vivosmart HR
- Garmin VivoActive
- Garmin Edge 605









## Misfit

#### What is Misfit and what activities does it track?

**Misfit** is a third-party tracking device designed to track steps, workout minutes, distance, calories and sleep. Virgin Pulse will take the following data from Misfit:

- Steps
- Distance
- · Calories Burned
- Sleep

## What Misfit devices are supported by Virgin Pulse?

- Misfit Shine
- Misfit Shine 2
- · Misfit Speedo
- Misfit Flash
- Misfit Ray

## **Apple Watch**

## What is Apple Watch and what activities does it track?

Apple Watch is an Apple's smart watch that can be connected to Virgin Pulse via Health App on iOS phones and which tracks your fitness activities.

Virgin Pulse will take the following data from Apple Watch:

- Steps
- · Active Minutes

## Withings

### What is Withings and what activities does it track?

Withings activitiy devices are great devices for tracking your activities and monitoring your biometric data. Virgin Pulse will take the following data from Withings:

- Blood Pressure
- Weight
- Steps
- Sleep

## What Withings devices are supported by Virgin Pulse?

- Withings Blood Pressure Monitor
- · Withings Scale
- Withings Pulse 02
- Withings Go
- Withings Steel
- · Withings Steel HR









## Striiv

### What is Striiv and what activities does it track?

Striiv is another third-party device that Virgin Pulse supports and that tracks your fitness activities. Virgin Pulse will take the following data from Striiv:

- Steps
- Sleep
- · Calories Burned

## What Striiv devices are supported by Virgin Pulse?

All Striiv devices that sync with the Striiv application are supported by Virgin Pulse.

## iHealth

### What is iHealth and what activities does it track?

iHealth encompasses a number of healthcare devices supported by Virgin Pulse.. Virgin Pulse will take the following data from iHealth:

- **Steps**
- Weight
- Sleep
- **Blood pressure**

## What iHealth devices are supported by Virgin Pulse?

- iHealth Wave (AM4)
- iHealth Clear Wireless Blood Pressure Monitor (BPM1)
- iHealth Track (KN550BT)
- iHealth View (BP7S) Wireless Wrist Blood Pressure Monitor .
- iHealth Core (HS6) Wireless Body Composition Scale
- iHealth Lite (HS4)
- iHealth Blood Pressure Dock (BP3)

- iHealth Edge (AM3S)
- iHealth Vista (HS5S) Wireless Body Analysis Scale
- iHealth Wireless Activity and Sleep Tracker (AM3)
- iHealth Wireless Blood Pressure Monitor (BP5)
- iHealth Wireless Blood Pressure Wrist Monitor (BP7)
- iHealth Wireless Body Analysis Scale (HS5)
- iHealth Wireless Ease (BP3L) Blood Pressure Monitor
- iHealth Wireless Scale (HS3)

## Polar

#### What is Polar and what activities does it track?

Polar Heart Rate Monitors are great fitness tracking devices designed to track your session- based activity in the Virgin Pulse

Virgin Pulse will take the following data from Polar:

- Workout sessions
- Distance









## Polar

## What Polar devices are supported by Virgin Pulse?

- Polar Heart Rate Monitor
- Polar A300
- Polar A360
- Polar AXN500
- Polar AXN700
- Polar Beat
- Polar Beat 2
- Polar Coach

- Polar CS200
- Polar CS300
- Polar CS400
- Polar CS500
- 5 1 00100
- Polar CS600
- Polar CS600X
- Polar F11
- Polar F55

- Polar F6
- Polar F7
- Polar Flow for Club
- Polar FT40
- Polar FT60
- Polar FT7
- Polar FT80
- Polar Loop
- Polar Loop 2

## Nuyu

## What is Nuyu and what activities does it track?

Nuyu Personal Activity Trackers help you track your steps, activities and more. However, Nuyu is available to Jarden members only and the members outside Jarden would not be able to register to Nuyu or locate the Nuyu app in App Store or Play Store.

• Virgin Pulse only takes steps data from Nuyu.

#### What Nuvu devices are supported by Virgin Pulse?

All Nuyu devices that connect to Nuyu app will sync with Virgin Pulse.

## Mi Band

#### What is Mi Band and what activities does it track?

Mi Band helps monitor your daily fitness level with super sensors. So you can track your moves, set exercise targets each day, and hit new records.

• Virgin Pulse takes **steps data only** from Mi Band.

#### What Mi Band devices are supported by Virgin Pulse?

All Mi Band devices that connect to Mi Fit app will sync with Virgin Pulse.

## S Health / Samsung Gear

### What is S Health and what activities does it track?

S Health is a fitness tracking application for mobile devices that can be used on Android phones and connected to Virgin Pulse.

- Virgin Pulse takes **steps data only** from S Health.
- Also, Virgin Pulse will take steps from all Samsung Gear devices connected to S Health, including:
  - Gear Fit
  - Gear Fit 2 o GearS
  - Gear S2
  - Gear S3









# Apple Health App

## What is Health App and how to connect it to Virgin Pulse?

**Apple Health app** is built into most of the iOS phones and will track your steps and other fitness activities. Virgin Pulse takes **steps data only** from the Health app.

## Google Fit

## What is Google Fit and how to connect it to Virgin Pulse?

**Google Fit** app is designed for Android smart phones and will track your steps and other fitness activities.

Virgin Pulse takes steps data only from the Google Fit app.

## Strava

### What is Strava?

**Strava** is an application designed specifically to track cycling and running activities. These activities will sync to Virgin Pulse and show as workout session in the Virgin Pulse member account.







